

# USC Pediatric Endocrinology; Pediatric Diabetes and Obesity Institute—Healthy Lifestyles Clinic

(803) 434-7990; fax (803) 434-4669



Person Making Referral \_\_\_\_\_ Today's Date \_\_\_\_\_

Patient Name \_\_\_\_\_  Male  Female

Date of Birth \_\_\_\_\_ Social Security Number \_\_\_\_\_

Guardian Name(s) \_\_\_\_\_

Primary Contact Phone \_\_\_\_\_ Secondary Contact Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Primary Insurance \_\_\_\_\_ ID \_\_\_\_\_

Insured Name \_\_\_\_\_ Insurance/Referral Authorization \_\_\_\_\_

Referring Provider \_\_\_\_\_ Referring Practice \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

ICD9 Code \_\_\_\_\_ Pre-Certification Number \_\_\_\_\_

Referral Requested in  24 hours (requires physician to physician phone call)  One week  First available  Other \_\_\_\_\_

Select referring clinic. If referral is to both clinics, the patient will be scheduled for two separate appointments.

### PEDIATRIC ENDOCRINE CLINIC

Reason for Referral \_\_\_\_\_

If patient has a **known history of diabetes mellitus**, select appropriate diagnosis:

- Type 1 Diabetes
- Type 2 Diabetes
- Cystic Fibrosis Related Diabetes
- Other \_\_\_\_\_

Send following with referral:

- Growth charts
- Any lab results
- Any bone age X-ray or imaging results

### PEDIATRIC DIABETES & OBESITY INSTITUTE—HEALTHY LIFESTYLES CLINIC

- Obesity (BMI  $\geq$ 85th percentile)
- Hypercholesterolemia
- Dysmetabolic Syndrome
- Hypertension
- Impaired Fasting Glucose
- Other \_\_\_\_\_
- Hyperinsulinemia
- HbA1c between 5.7-6.4%
- Acanthosis
- Abnormal Weight Gain
- Impaired Glucose Tolerance

Send following with referral:

- Growth charts
- Any imaging results
- Any lab results
- Recent blood pressure readings

### TO ENSURE APPOINTMENT IS PROCESSED PROPERLY, PLEASE COMPLETE THE FOLLOWING:

Referring Physician \_\_\_\_\_  
(printed)

Signature \_\_\_\_\_  
(must be signed by referring physician)

Please see reverse side for instructions, facility location and office hours.

## REFERRING PROVIDER INSTRUCTIONS (Please read carefully)

- Notify us at the time of referral if your patient requires special assistance (i.e., wheelchair, interpreter, etc.).
- A parent or immediate caretaker must accompany the patient in order to obtain necessary dietary, exercise and medical history. It also is imperative that an actual caretaker be present to receive our treatment recommendations.
- Both you and your patient will be notified of the appointment and your patient will receive a reminder call from us two business days prior to the appointment. If you have any questions, call the Pediatric Endocrine clinic at (803) 434-7990.

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### Parking

#### Palmetto Health Richland

9 Richland Medical Park, Suite 230, Columbia, SC 29203 | (803) 434-7990; fax (803) 434-4669 | Office Hours: 8:30 A.M. – 4:30 P.M., Monday – Friday

Parking garage is attached to building.

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### Driving Instructions

#### From the Spartanburg area via I-26

Follow I-26 into Columbia. I-26 becomes I-126. Take the Elmwood Avenue exit. Follow Elmwood until it intersects with Bull Street. Turn LEFT on Bull Street until you intersect with Harden Street Extension. Turn RIGHT and go approximately 0.2 miles. Pediatric Endocrinology and Pediatric Diabetes and Obesity Institute—Healthy Lifestyles Clinic are in 9 Medical Park.

#### From the Charleston area via I-26

Follow I-26 into Columbia. Take EXIT 108 designated as Columbia/126. I-26 becomes I-126. Take the Elmwood Avenue exit. Follow Elmwood until it intersects with Bull Street. Turn LEFT on Bull Street until you intersect with Harden Street Extension. Turn RIGHT and go approximately 0.2 miles. The Richland campus of Palmetto Health will be on your left. Pediatric Endocrinology and Pediatric Diabetes and Obesity Institute—Healthy Lifestyles Clinic are in 9 Medical Park.

#### From the Charlotte area via I-77

Follow I-77 into Columbia. Take EXIT 18 designated as Columbia/277. You will intersect with Harden Street Extension at the first traffic light. Turn LEFT and go approximately 0.2 miles. The Richland campus of Palmetto Health will be on your left. Pediatric Endocrinology and Pediatric Diabetes and Obesity Institute—Healthy Lifestyles Clinic are in 9 Medical Park.

#### From the Florence Area via I-20

Follow I-20 into Columbia. Take EXIT 73-A designated as Columbia/277. You will intersect with Harden Street Extension at the first traffic light. Turn LEFT and go approximately 0.2 miles. The Richland campus of Palmetto Health will be on your left. Pediatric Endocrinology and Pediatric Diabetes and Obesity Institute—Healthy Lifestyles Clinic are in 9 Medical Park.