

PEDIATRIC INFECTIOUS DISEASE CONSULT AND REFERRAL GUIDELINES

DIAGNOSIS	EVALUATION PRIOR TO REFERRAL	WHEN TO REFER	WHAT TO SEND
Recurrent Fevers	<p>History:</p> <ul style="list-style-type: none"> • History of recent viral illnesses • Mother should keep a detailed fever diary with dates of fever onset, how many days the fevers last, does antipyretics help, any symptoms associated with the fevers (ulcers, pharyngitis, lymphadenopathy, etc) • Past medical history including recurrent infections (OM, sinusitis, skin infections) • Immune system problems in the family <p>Physical Exam:</p> <ul style="list-style-type: none"> • Observe and document mouth ulcers, lymphadenopathy, pharyngitis, rashes, etc 	<p>Patient has a pattern to the recurrent fevers</p> <p>Recurrent fevers are occurring more than expected for childhood viral illnesses</p> <p>Fevers are associated with pneumonias, skin infections, invasive diseases, etc</p> <p>Parents are concerned and wish to have a Pediatric ID consult</p>	<p>All Labs results including serology (CMV, EBV, etc), CRP, ESR, GAS screening test, cultures or any other infectious disease lab workup</p> <p>Clinic notes</p> <p><u>Fever Diary</u></p> <p>List current medicines</p>
Recurrent Sinusitis	<p>History:</p> <ul style="list-style-type: none"> • Frequency of sinusitis • Family members with similar signs or symptoms • Recent sinus surgeries • Immune system problems in the family <p>Labs:</p> <ul style="list-style-type: none"> • Culture and sensitivity of sinuses during an infection • Nasal swab for MRSA if appropriate 	<p>Positive MRSA culture in the face of recurrent sinusitis</p> <p>Recurrent sinusitis secondary to multidrug resistant organisms (MRSA, Pseudomonas, etc) or fungus</p> <p>Parents are concerned and wish to have a Pediatric ID consult</p>	<p>Clinic notes, treatment history</p> <p><u>Must send</u> culture and sensitivity</p> <p>List of current medicines</p>

DIAGNOSIS	EVALUATION PRIOR TO REFERRAL	WHEN TO REFER	WHAT TO SEND
Fever of Unknown Origin	<p>History:</p> <ul style="list-style-type: none"> • Fever for how long • Frequency of fever • Any other symptoms with fever • Any other family history with recent fevers or viral illness • Significant PMHx including sinusitis, UTIs, etc <p>Physical Exam:</p> <ul style="list-style-type: none"> • Any pertinent positives including rashes, pharyngitis, conjunctivitis, desquamation of skin, sinus tenderness, teeth pain, lung findings <p>Labs:</p> <ul style="list-style-type: none"> • Initial workup including CBC, CMP, UA and urine culture/blood culture (if appropriate), CRP (if appropriate), rapid GAS (if appropriate) • All needed serology tests will be ordered by Peds ID 	<p>Patient continues to have fever > 14 days</p> <p>Parents are concerned and wish to have a Pediatric ID consult</p>	<p>Clinic notes</p> <p>Treatment history</p> <p>All Lab results including CBCs, cultures and sensitivities, CRP, ESR or other infectious diseases labs</p> <p>List of current medicines</p>

DIAGNOSIS	EVALUATION PRIOR TO REFERRAL	WHEN TO REFER	WHAT TO SEND
Recurrent Abscesses	<p>History:</p> <ul style="list-style-type: none"> • Frequent or recurrent furuncles • Family members with similar signs or symptoms • Recent drainage, I&D or surgeries • Immune system problems in the family <p>Physical Exam:</p> <ul style="list-style-type: none"> • Observe for other reservoirs of infections • Consider other infections <p>Labs:</p> <ul style="list-style-type: none"> • <u>Must</u> do culture and sensitivity testing of wounds/lesions • Nasal swab for MRSA 	<p>Positive MRSA culture in face of recurrent skin infections</p> <p>Positive MRSA culture in the face of recurrent skin infections</p> <p>Requesting documentation on MRSA decolonization for appropriate patients</p> <p>Parents are concerned and wish to have a Pediatric ID consult</p>	<p>Clinic notes, treatment history</p> <p><u>Must</u> send culture and sensitivity</p> <p>List of current medicines</p>

Tips for an effective visit:

- Talk with your patient and family about the reason for the referral and the questions to be answered.
- Please send all pertinent information ahead of time to allow us to better serve our patients and their families.

For more information call (803) 434-7950

